

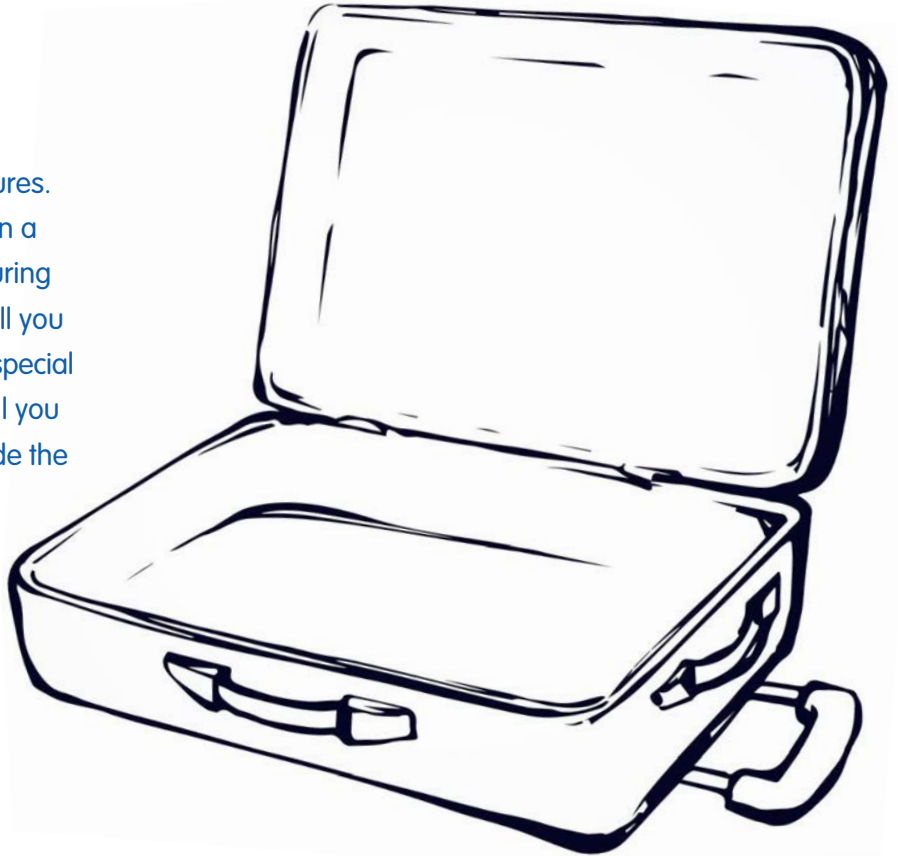
# WHAT WILL YOU TAKE?

When you have to make a choice about something important try these steps to guide your thinking. Ask yourself:

- What do I have to decide?
- What are my options?
- What are the pros and cons of each choice?
- How does that choice make me feel?



**CREATE** 5 different pictures. Imagine you are going on a 10-day trip to a neighbouring province. Your parents tell you that you can only take 5 special things with you. What will you choose? Draw them inside the suitcase.



**PRESENT** your choices in a class sharing circle. Before presenting turn and talk to a partner to practise what you want to say. Start by stating what you chose. Next explain **how** you made your decisions about what to choose – “I made my choices by . . .” Then explain **why** you chose one of the items – “I chose this because . . .”



**RESPOND** to your classmates’ ideas. Ask questions about things that make you curious, e.g., “How do you think the choices you made will affect the way you feel when you are on your trip?” “What did you mean when you said . . . ?”



**CONNECT** how you made your decisions about what to choose with how others made their decisions. What did their approach remind you of? What kinds of choices have you made while hanging out with your friends? Think about how you made your best decisions.