

My Kind of Apple

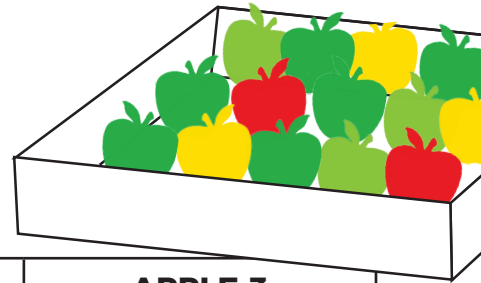
COLOURFUL LEARNING

Apples come in many varieties, each having its own smell, taste, texture, and visual appearance. Use your senses to decide on your favourite variety. Focus on the details of several apples to decide which you prefer.



CREATE a visual rubric to help you compare apples to apples. Choose at least three different varieties of apples, for example: Macintosh, Red or Golden Delicious, and Granny Smith, or any of the many varieties you find at a grocery store or farmers market. Try to find varieties that you are not familiar with yet. Wash one of each variety and use them for the sensory exploration.

The chart below can help you organize your personal preference notes. Start by writing the apple variety names in the top row. Then draw a small sketch of each that shows as many details as you can provide about the shape, colour, and markings. After your drawings are done an adult can help cut the apples and distribute slices so you can compare the taste, texture, and smell.



NAME EACH APPLE VARIETY	APPLE 1	APPLE 2	APPLE 3
DRAW visual observations: Sketch the whole apple's shape (round, oval, dimpled, symmetrical or asymmetrical)			
Add skin colour and visual patterns to the sketches (red, maroon, green, yellow, orange, spotted, striped, flecked)			
Taste and Tell: Write descriptive words to describe the apple's texture (crisp, juicy, firm, smooth, mealy)			
Write descriptive words to describe how they taste and smell (sweet, tart, mild, tangy, spicy, overripe, under ripe)			
OVERALL RATING: Colour the number of stars that show how you rate each apple 5 stars = you LOVE this apple 1 star = could be better	☆ ☆ ☆ ☆ ☆	☆ ☆ ☆ ☆ ☆	☆ ☆ ☆ ☆ ☆

My Kind of Apple

COLOURFUL LEARNING



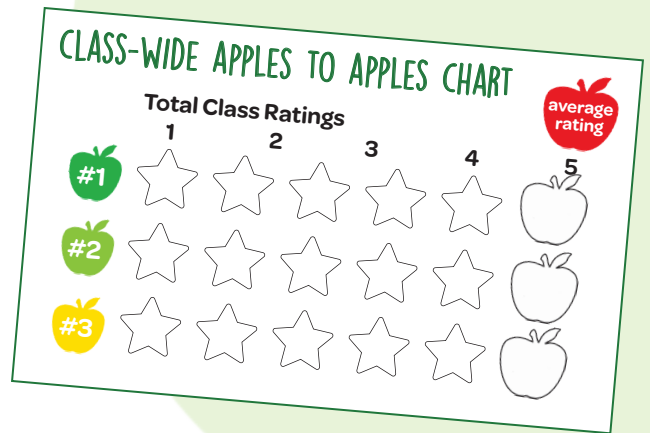
RESPOND by rating and reviewing your favorite kind of apple. Consider your notes and sketches as you reflect on the appearance and taste of each variety and why one type received the highest number of stars. Give your review a title and write a description that will convince others to try this variety.



REVIEW TITLE: _____



PRESENT your review and comparison chart to classmates and those who buy apples for your school. Combine the rating scores from all classmates to show a class-wide *Apples to Apples* chart. This will help food purchasers at your school understand your class's preferences.



CONNECT what you learned about apple varieties with how applesauce is made. Did you know that most applesauce contains three to six varieties of apples? With the help of an adult prepare applesauce by peeling, coring, cutting, and cooking apples. (Place raw apples in a pan with some water and cook over medium heat until soft.) Can you taste the individual varieties you noted in your chart, or is there a new or different flavour you notice when they are blended? Just as with people, combining varieties that have different attributes makes everything more interesting. People live in many different geographic regions and have many cultural traditions that involve the apples that grow near them. Explore how apples are used in different ways around the world as desserts, beverages, side dishes, and snacks.

