



Co-Educate

Body Language Speaks

"CREATIVITY INVOLVES BREAKING OUT OF ESTABLISHED PATTERNS IN ORDER TO LOOK AT THINGS IN A DIFFERENT WAY."

— EDWARD DE BONO



People often communicate with others using established patterns without realizing how their body language impacts the interaction. When students, their families, and teachers interact online, body language is even more important than when interacting in person.



CREATE a series of brief role play interactions that you will dramatize to demonstrate how body language speaks louder than words. You can practice using a mirror or demonstrating to a family member or online partner.



PRESENT your messages. Use words, tone of voice, and body language to say:

- "I value you."
- "I disagree."
- "I care about you."
- "Go away."
- "I'm open to new ideas."
- "Leave me alone."
- "I want to hear more about that."
- "I have something to say."

Practice having the body language contradict then reinforce the spoken words.



RESPOND by conveying other thoughts and feelings to your partner, this time silently using only body language—no words or tone of voice.

- Show:
- "We need you."
 - "We are stonger together."
 - "We appreciate all that you do."



CONNECT how it felt to receive and send these messages. How did the body language, eye contact, facial expressions, gestures, and posture impact the communication?



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